

# SHORT TERM DISABILITY ATTENDING PHYSICIAN'S STATEMENT OF IMPAIRMENT AND FUNCTION

ReliaStar Life Insurance Company, Minneapolis, MN  
 ReliaStar Life Insurance Company of New York, Woodbury, NY (outside NY)  
Members of the *ING* family of companies  
(the "Company")  
ING Employee Benefits: One Riverfront Plaza, Westbrook, ME 04092  
Phone: 800-328-4090 Fax: 888-305-0605



The Patient is responsible for the completion of this form without expense to the Company.

## PATIENT INFORMATION

Patient Name \_\_\_\_\_  
Birth Date \_\_\_\_\_ SSN \_\_\_\_\_ Gender:  Male  Female  
Height \_\_\_\_\_ ft. \_\_\_\_\_ in. Weight \_\_\_\_\_ lbs. Hand Dominance:  Right-hand  Left-hand  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Under the Short Term Disability Plan, an employee is eligible to receive benefits if medically disabled from performing the duties of his/her **own occupation** and meets contractual requirements.

## PRESENT CONDITION

In order to determine benefit eligibility and rehabilitation, please answer the following:

When did symptoms first appear or accident happen? \_\_\_\_\_

Date Patient ceased work because of disability \_\_\_\_\_

Has Patient ever had the same or similar condition? . . . . .  Yes  No

Did another Physician refer this Patient to you?. . . . .  Yes  No

If "Yes," please provide the name and address of that Physician. \_\_\_\_\_

Subjective Symptoms \_\_\_\_\_

Objective Findings \_\_\_\_\_

Primary Diagnosis \_\_\_\_\_ ICD-9 Code(s) \_\_\_\_\_

Secondary Conditions \_\_\_\_\_

Has Patient been confined to a hospital?  Yes  No If "Yes," provide dates \_\_\_\_\_

Surgery?  Yes  No If "Yes," provide dates \_\_\_\_\_

Surgery Type \_\_\_\_\_ CPT Code(s) \_\_\_\_\_

Prognosis \_\_\_\_\_

## TREATMENT

Date of First Visit \_\_\_\_\_ Date of Last Visit \_\_\_\_\_

Next scheduled appointment \_\_\_\_\_

Frequency of visits:  Weekly  Monthly  Other \_\_\_\_\_

Treatment Plan \_\_\_\_\_

## MATERNITY

Date First Treated \_\_\_\_\_ Estimated Date of Confinement (EDC) \_\_\_\_\_

Has Patient Delivered?  Yes  No If "Yes," delivery date? \_\_\_\_\_

Type of Delivery:  Vaginal  C-Section Post Partum Recovery Weeks:  6  8

Patient Name \_\_\_\_\_

**EXTENT OF DISABILITY**

Is Patient totally disabled from performing the duties of their own occupation? . . . . .  Yes  No

If the disability is not considered total and permanent, do you anticipate a release to their OWN occupation? . . . . .  Yes  No

If "Yes," when? \_\_\_\_\_

If "No," do you anticipate a release to a less physically and/or emotionally demanding occupation? . . . . .  Yes  No

If "Yes," when? \_\_\_\_\_

If the Patient cannot perform the duties of their own occupation, would you feel it appropriate to consider Vocational and/or

Medical Rehabilitation? . . . . .  Yes  No

If the Patient is disabled from his/her own occupation but appropriate for rehabilitation or a release to a less demanding occupation, please complete the Physical Capacity Evaluation on this form. This is used to lend direction in exploring medical/vocational alternatives.

**MENTAL CONDITION**

Is the Patient competent to endorse checks and direct the use of the proceeds? . . . . .  Yes  No

**CARDIAC (Complete this section IF disability is due to Cardiac Condition.)**

Functional Capacity (American Heart Association):

Class 1 (No limitation)  Class 2 (Slight limitation)  Class 3 (Marked limitation)  Class 4 (Complete limitation)

Blood Pressure \_\_\_\_\_

**VISUAL IMPAIRMENT (Complete this section IF disability is due to Visual Impairment.)**

What was vision at last observation? (Snellen Notation)

With Glasses O. D. \_\_\_\_\_ O.S. \_\_\_\_\_ Date \_\_\_\_\_

Without Glasses O. D. \_\_\_\_\_ O.S. \_\_\_\_\_ Date \_\_\_\_\_

**PHYSICAL CAPACITIES EVALUATION (Important: Please complete the following items based on your clinical evaluation, other testing results, Patient discussions, and/or job analysis. Any item that you do not believe you can answer should be marked N/A (not available).)**

**NOTE:** In terms of an eight hour workday, "Occasionally" equals zero to 33 percent; "Frequently" equals 34-66 percent; "Continuously" equals 67-100 percent.

In an eight hour work day, Patient can:

Sit (hours)  1  2  3  4  5  6  7  8

Stand (hours)  1  2  3  4  5  6  7  8

Walk (hours)  1  2  3  4  5  6  7  8

If any of the above three require alternating positions, please indicate frequency: \_\_\_\_\_

Patient can lift:	Never	Occasionally	Frequently	Continuously
Up to 10 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11-20 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21-50 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51-100 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient can carry:	Never	Occasionally	Frequently	Continuously
Up to 10 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11-20 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21-50 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51-100 pounds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient Name \_\_\_\_\_

### PHYSICAL CAPACITIES EVALUATION (Continued)

Patient is able to:	Never	Occasionally	Frequently	Continuously
Bend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crawl	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reach above shoulder level	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Restrictions of activities involving:	None	Mild	Moderate	Total
Unprotected heights	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Being around moving machinery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exposure to marked changes in temperature and humidity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving automotive equipment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exposure to dust, fumes, and gasses	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient can use hands for repetitive action such as:	Right		Left	
	Yes	No	Yes	No
Simply Grasping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pushing and Pulling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fine Manipulation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Patient can use feet for repetitive movements as in operating foot controls:	Yes	No
Right	<input type="checkbox"/>	<input type="checkbox"/>
Left	<input type="checkbox"/>	<input type="checkbox"/>
Both	<input type="checkbox"/>	<input type="checkbox"/>

### REMARKS

### PHYSICIAN INFORMATION AND SIGNATURE

Attending Physician Name (Please print.) \_\_\_\_\_ Degree \_\_\_\_\_

Specialty \_\_\_\_\_ Tax ID # \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

 Attending Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

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## FRAUD WARNINGS

**Alaska, Alabama, Arkansas, Delaware, Idaho, Indiana, Louisiana, Maine, Minnesota, Ohio, Oklahoma, Rhode Island, Tennessee, Texas, Washington, West Virginia:** Any person who, knowingly with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime, and may subject such person to criminal and civil penalties, and denial of insurance benefits.

**Arizona:** For your protection Arizona Law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

**California:** For your protection, California law requires the following to appear on this form. Any person who knowingly presents false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

**Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

**District of Columbia:** WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.

**Florida:** Any person who knowingly and with intent to injure, defraud, or deceive any insurer files a statement of claim or an application containing any false, incomplete, or misleading information is guilty of a felony of the third degree.

**Kentucky:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

**Maryland:** Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

**New Hampshire:** Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in RSA 638:20.

**New Jersey:** Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

**New Mexico:** Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

**Pennsylvania:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

**Puerto Rico:** Any person who, knowingly and with the intent to defraud, presents false information in an insurance request form, or who presents, helps or has presented a fraudulent claim for the payment of a loss or other benefit, or presents more than one claim for the same damage or loss, will incur a felony, and upon conviction will be penalized for each violation with a fine no less than five thousand (5,000) dollars nor more than ten thousand (10,000) dollars, or imprisonment for a fixed term of three (3) years, or both penalties. If aggravated circumstances prevail, the fixed established imprisonment may be increased to a maximum of five (5) years; if attenuating circumstances prevail, it may be reduced to a minimum of two (2) years.