

Dental Identification Cards

This page contains two dental identification cards. While you are not required to show it to your dentist as proof of coverage, the cards do include your group number which you can give to your dentist or use if you should need to file a claim. Please note: MetLife provides all dental offices with real-time access to patient eligibility and benefit information on-line and via a dedicated dental office toll-free number. All you need to do is notify your dentist office that MetLife is your dental provider when scheduling an appointment.

Still have questions?

Call 1-800-942-0854 or visit www.metlife.com/mybenefits.

Service	Website	Toll-Free Phone Number
<ul style="list-style-type: none"> Plan Coverage Information Claim Status/Claim Forms General Information and Frequently Asked Questions 	www.metlife.com/mybenefits	1-800-942-0854
Pre-treatment Estimates	www.metdental.com (website for dentists only)	1-877-MET-DDS9 (638-3379) (number for dentists only)
Dental Education	www.metlife.com/mybenefits	N/A
Dental Fee Estimator Tool	www.metlife.com/mybenefits	N/A

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

Metropolitan Life Insurance Company, New York, NY 10166 L0710120953(exp0711)(All States)(DC, GU, MP, PR, VI)

Below are reference cards with information about your Dental coverage.
Carefully detach and keep them in a convenient location for your future use.

MetLife Dental Reference Card		www.metlife.com/mybenefits
Employee Name	Employee ID	Locate a participating dentist. Verify eligibility and plan design information. Review claim status and claim history for your entire family. View and print processed claims with one click. Obtain claims forms and educational information (including interactive risk assessment). Get instant answers to Frequently Asked Questions. Access trained customer service representatives.
City of Laredo	166108	1-800-942-0854
Group Name	Group Number	Virtually 24 hours a day, 7 days a week to confirm eligibility, order claim forms or request dentist directories Monday-Friday, 8 a.m. to 11 p.m., Eastern Time, to speak with a live customer service representative MetLife Dental Claims P.O. Box 981282 El Paso, TX 79998-1282

This card is not a guarantee of coverage or eligibility.
See reverse side for important plan information.

Dental Identification Cards



MetLife Dental Reference Card

Employee Name

Employee ID

City of Laredo

166108

Group Name

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